

## Dr. K's Health Korner

### Latest Happenings

Hello everyone, I hope everyone is enjoying the cooler temperatures and the color changes of the fall season.

I would like to announce the addition of new technology to the office. It is called the IQS: Interactive Query System. It tests the reaction to different substances by measuring the voltage change of an acupuncture point. More on this later.

October is Love your Liver month! Why is it a good time to detox and get your liver going? Because the body's metabolic functions slow down in the winter and it doesn't get rid of toxins as fast. With a congested system, the body's immunity is already burdened and is less able to fight off those nasty cold and flu bugs. I now have different detox programs to specifically address your body's needs and tolerances. For more information, please email or call me.

In celebration of Love your Liver month, get 20% off any detox program until November 17.

In addition, Initial scans with the IQS will be 50 dollars off (a \$120 value) for a limited time. It covers several areas of interest depending on your history and takes about 1 hour. The information obtained will guide you in the right direction to getting control of your health again. Call now for an appointment.



Dr. Jeffrey S. Kurtz  
Chiropractic Physician

### Nutrition Spotlight: Cataplex F by Standard Process

Cataplex F is a source of polyunsaturated fatty acids that comes from essential oils. Cataplex F is responsible for bringing Calcium from the blood into the tissues. Vitamin D brings Calcium from the gut into the blood. It is important that these two stay balance. Low vitamin F allows vitamin D to draw calcium from the tissues into the blood creating thick skin and can cause sunstroke. Sunlight increases vitamin D. That is why sunbathers get rough thick skin. Tissue calcium deficiencies also contribute to a number of other skin conditions that respond well to taking oils.

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### Top Story: Advanced Technology: IQS

This month I would like to introduce the addition of an advanced technology to the office. It is called the Interactive Query System. It is an incredible machine that performs several functions. It measures the body's response to the input of information that is transmitted into acupuncture points. When someone is sensitive to a certain food, chemical, microbe, or environmental toxin, it stresses the body. When exposed to the offending item, one may get feelings of elations, indigestion, or headaches, etc. A reaction may not even be recognized by the person, but the person craves these items and often feeds the vicious cycle of worsening the sensitivity.

The IQS can measure the stress placed on the body when it is exposed to these offending items. Food sensitivities are common and one can be tested for hundreds of foods in a short period of time without the expense and invasion of skin scratch tests or blood work. It involves the patient holding a brass rod and the doctor using a pencil shaped probe to apply slight pressure to acupuncture points on the hands and feet. This creates an electrical circuit and when the body is reactive to something, the voltage changes on the acupuncture point. The IQS measures the change and puts it into meaningful terms.

Sensitivities are just the beginning. Measuring the stress on the organs of the body, hormone stresses, and even musculoskeletal stress can be helpful in getting to the core issue that may be root of several problems. For example, if the adrenal glands are stressed, the thyroid's function is compromised. This can lead to hypothyroidism and chronic fatigue syndrome.

Another feature that is extraordinary is the ability to check for the proper remedies that balance the imbalances found during the test. Protocols of medications, supplements, and homeopathics are developed based on the high success rates in treating conditions. But they may not work for everybody, especially without the proper dose, improper combinations, and if there is some kind of sensitivity to the remedy. We can check the amount of value or stress a particular item has in relation to the patient. This eliminates guesswork for the doctor and unnecessary expense for the patient. Take advantage of this amazing tool at a discount for a limited time. Have a great day!

Dr. Kurtz does not claim to diagnose, treat, prescribe, or cure any illness. For a specific diagnosis, see your primary care physician.

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