



Dr. K's Health Korner

Latest Happenings

Insurance Coverage Update: I will no longer be in network with Aetna Insurance Co. as of August 1, 2006. Unfortunately, they have decided to cut their reimbursement rates by an average of **30%** across the board for chiropractic services. This does not mean you have to find another doctor. If you are happy with the services you receive, AETNA will cover your services, although to a slightly lesser degree. Depending on the policy, the deductible will be slightly higher. The policy for Aetna patients after August 1, 2006 will be the same as for United Healthcare patients. Payment will be due on the date of service. An insurance form will be printed and given to the patient for submission to the insurance company. The patient will then receive a reimbursement check from the insurance company based on the coverage of the policy.

The Arlington Heights office will be closing this week. Due to time demands I was unable to provide the attention necessary to maintain the clinic. I will continue to be in the Evanston office and I am currently available on Tuesdays and Fridays.

Notice: I will be out of the office from Thursday, May 25 and will return on Tuesday, May 30 for the holiday.

I will also be out of the office from Thursday, June 8 and will return on Tuesday, June 13.

Don't forget to schedule a tune-up visit if you are feeling stiff and it's been a while. Ideally it is recommended to get treated once a month to maintain the progress you have made and also to prevent future degeneration of joints and minimize the severity of injuries if one were to occur.



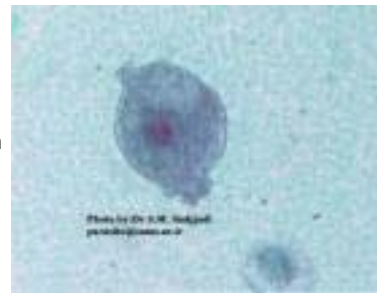
Dr. Jeffrey S. Kurtz
Chiropractic Physician

Nutrition Spotlight: Wormwood Complex by MediHerb

This is an amazing product for the cleansing of the intestinal tract with emphasis on parasite elimination and restoration of flora balance. Wormwood is used around the world to treat nematode (worm) infestations and has been utilized for hundreds of years. It also contains Clove Bud Oil, which is a very potent antibacterial and anti-parasitic. It is used by dentist to numb dental pain and does so mostly by reducing infection significantly.

Top Story: Parasites

Parasites can be responsible for an array of symptoms. Most commonly they appear in the digestive tract where the environment is favorable for their survival. There are several types and they can cause significant digestive distress if left unchecked. One example that is common is Entamoeba Hystolytica (pictured here). It resides in the large intestines of humans and is passed on by ingestion food or water contaminated with human fecal matter. Once it settles in the host, it may or may not cause symptoms. In the asymptomatic patient, the parasite feeds on passing bacteria and food particles in the gut. Symptoms arise when the parasite attacks the lining of the gut. It releases enzymes that destroy the intestinal lining which allows it to digest the fragile intestinal tissues that are normally protected. In more severe cases, it may cause intestinal hemorrhaging resulting in dysentery. Going back to last month's newsletter about leaky gut syndrome (breaches in the intestinal lining causing immune responses), one cause can be attributed to this nasty little bug.



Conditions that are most often secondary to an infestation of this parasite include irritable bowel syndrome, alternating constipation and diarrhea, and in severe cases, a bloody loose stool. An Entamoeba my be present for a year or more before any symptoms arise.

Several treatment approaches are available. From an alternative standpoint, elimination has to address 2 issues: the parasites and the eggs. Normally the parasites are destroyed, the eggs hatch and then those are destroyed. One effective method I have used kills the parasites and destroys the eggs all at once. Combining the wormwood complex with tannin components of grape seed extracts bursts the larvae and eggs while killing off the mature parasites. It's like an atomic bomb going off! I hope this information has been helpful and if you have any questions, please feel free to call. Have a great day!

To remove yourself from the mailing list or to ask questions, please email me at fixinbacks@yahoo.com or call 630-776-3061. Just type "remove me" in the subject line.